



Concord School NEWSLETTER



29 February 2024

Kia ora whānau

Whānau Literacy Evening – Next Thursday 7th March at 7.00pm we are holding our parent evening to learn about the changes we have made to our literary programme over the last two years, the structured literacy approach, and examples of how you can support your child/ren with literacy.

It will be one hour long at the most, and free childcare and supper will be provided. There will also be a prize draw for attendees.

Many thanks to those who have sent in an RSVP slip. It's not too late if you would like to come along.



Phone or send along a note to the school office with numbers attending, just for supper catering and/or childcare needs please.

“Pause, Breathe, Smile” – This term as part of the Health and Physical Education curriculum we are delivering the “Pause, Breathe, Smile” programme in all classes.



“Pause, Breathe, Smile” is a mind health programme that helps tamariki regulate emotions, pay attention, and build positive relationships. Students develop resilience, increase self-awareness, and improve overall happiness.

One part of the first two lessons that the students really enjoyed has concentrated on mindful eating. We have used fruit or chocolate, with our senses to carefully and slowly feel it, smell it, then place it on our tongue and focus on what happens. It has been great for oral language too with the students sharing their observations.

I know life is busy and at times we shovel food down quickly (me included) to get out the door on time. Have a go at a quieter time in the weekend, with an ice cream. Turn off the distractions such as the tele, Xbox etc, slow down and concentrate on your senses and talk to each other about them. I'm sure you will be in a relaxed and content place when you are finished.

We also discuss being in the present, our bodies are always in the present although our mind can wonder. We can in our mind say wondering to bring our mind to the present. Here are two of our Rātā students practising mindfulness.



Parents’ Group Meeting – Our first Parents’ Group Meeting will be held **TODAY Thursday 29th February at 3.15pm** in the staff room. We are always looking to welcome new members.

KVC Sports Expo – Next **Tuesday 5th March** the Year 5 & 6 students will be going to the annual Sports Expo at Kaikorai Valley College. They will take part in a wide variety of events with students from other schools.

PALs Training – Our senior Physical Activity Leaders (PALs) will be going to the Edgar Centre on **Wednesday 13th March** (not Tuesday 27th Feb as in the last newsletter) for training with Sport Otago. They will get a separate note about this.

Futsal – This week the Concord Shooters played the GI Panthers and ‘Player of the Day’ was Epa with two goals.



On Wednesday the Concord Strikers lost to MHS Man City and ‘Player of the Day’ was Axel.

Dates to mark on your calendar:

- * Thurs 29 Feb – Parents’ Group Meeting
- * Tues 5 Mar – KVC Sports Expo (Year 5/6)
- * Thurs 7 Mar – Structured Literacy parent evening
- * Wed 13 Mar – PALs Training at Edgar Centre
- * Mon 25 Mar – Otago Anniversary Day
- * Fri 29 Mar – Tues 2 Apr – Easter
- * Fri 12 Apr – End of Term 1



Steve Turnbull
Principal

ABSENCES – Please PHONE 488 2204, TEXT 027 391 9985, or use the Skool Loop app, by **9.00am**, with the reason your child is absent (eg sick)



Clever Cats – This Friday 1st March at 1.30pm

Makomako ‘Big Day Out’ Stories

“The ‘Big Day Out’ was at Mosgiel. I sat next to my buddy on the bus.” – by Toby

“We went to the ‘Big Day Out’. I played on the slide at the playground.” – by Evan

“I am at the ‘Big Day Out’. I am sitting on the floatie with Sophie at the Mosgiel Pool.” – by Olivia M

“When I went swimming I put my head under the water and Violet taught me tricks. We all saw the Silverstream. My teacher went on the playground with us.” – by Alivia

“The ‘Big Day Out’ was fun. We went to the playground and the pool. I went on the balance ball.” – by Shelby

“The ‘Big Day Out’ was awesome. I liked going to the playground. We walked along the Silverstream. It was cool. We had ice blocks and later we went swimming.” – by Olivia B





GirlGuiding NZ is a non-profit organisation where girls can be girls, where they will discover their passions, contribute to their communities and form friendships in a safe and positive environment. We offer a huge range of activities from science, music, drama, camping, outdoor skills, cooking and so much more! It's a supportive place to grow confident, adventurous girls, ready to be tomorrow's leaders.

In Mosgiel we have:

- Pippins for 5-6 year olds meeting Wednesdays from 5.00-6.00pm
- Brownies for 7-9.5 year olds meeting Wednesdays from 6.00-7:30pm
- Guides for 9.5-12.5 year olds meeting Wednesdays from 5:30-7:30pm
- Rangers for 12.5-17 year olds meeting Wednesdays from 5:30-7:30pm

If this sounds like your girl then please make an enquiry at <https://girlguidingnz.org.nz/find-a-unit/#girlenquiryform> or find more information at www.girlguidingnz.org.nz. Waitlists may apply for our larger groups.

ZONE SPORTS

TERMS 2 AND 3
May 13th - September 9th

- Weekly on a Monday
- 15 weeks + prizegiving
- \$135 pp

2024 EXTENDED SEASON



Zone Sports is a competitive laser tag competition for students in years 1-13. Our aim is to encourage children who are not usually involved in team sports to get out of their comfort zone and work together weekly in this new laser tag sports.

Term 2: Week 3-10 (13th May - 1st July)
Excluding Monday 3rd June for King's Birthday
Term 3: Week 1-8 (22nd July - 9th Sept)
Prizegiving Monday 16th September

Register today!



Concord School
Thanks to the below businesses for sponsoring our school app:

Night 'n Day Green Island

Larson's Pharmacy
Caring, friendly and professional – that's us!

The Concord Inn



airify



Moyle's freshchoice supermarket green island
Open 7 days 7am to 9pm

FLEXFITNESS 24 HOUR FITNESS
FREE TRIAL

If you would like to advertise on the Concord School Skool Loop App please email Content@skoolloop.com

To download our app: In Google Play & App Store search 'Skool Loop' & choose School once installed.

Your adventure is just beginning!



Children's Day

10am – 5pm, Sunday 3 March

Come and celebrate Children's Day with us on Sunday 3 March! We

have a stellar line-up of fun for tamariki of all ages, including face-painting, a spectacular bubble show, craft activities, science fun for all, freshly popped popcorn, and more! You won't want to miss it.

So, bring the family along for a day of smiles, laughter and celebration!

Free | [More information](#) at:

<https://otagomuseum.nz/whats-on/>
TŪHURA OTAGO MUSEUM

Community Oral Health He Oraka Niho



Abbotsford Mobile Clinic Dates

Please note the change to the scheduled dates for the Mobile Clinic located in **ABBOTSFORD**. All other location dates remain unchanged.

Mobile Clinics:

- Abbotsford – 72 North Taieri Rd; Ph: 027 284 9754; *From 17 June – 18 October
- Wakari – 369 Taieri Rd; Ph: 027 284 9914 *From 1 January – 31 December
- Middlemarch – 33 Swansea St; Ph: 027 284 9751 *From 8 April – 19 April
- Port Chalmers – 30A Albertson Ave; Ph: 027 284 9954 *From 19 August – 13 December



For appointments outside these dates please contact the Community Oral Health Service 0800 672 543 *Dates subject to change.



TOTS TO TEENS

CHILDHOOD IN AOTEAROA

FOR YOUR PARENTS *Don't miss!*

MŌRENA,

Summer is upon us, and our latest issue is jam-packed with content to help Kiwi parents

[issue2402.totstoteens.co.nz](https://www.issue2402.totstoteens.co.nz)

What's in this issue for parents?

- » The terrible twos
- » Getting the most out of Open Days
- » Gut health for young athletes
- » Tempting chocolate treats
- » Healthy eyes for a better future
- » What is your child's learning style?
- » 7 Tips for parents who have ADHD
- » How to talk about periods.
- » The ultimate party-planning guide
- » PLUS awesome giveaways

Playcentre Open Week

4-8 March 2024

Play, learn and grow together with your pēpi or tamariki and make connections with other whānau in your community.

Riselay Road Playcentre
riselayroad@playcentre.org.nz

38 Riselay Road
Calton Hill
Tuesday and Friday
From 9:15 am

Playcentre

"Whānau tuvū ngātahi – families growing together!"

Community Oral Health Service

0800 ORAL HEALTH (0800 672 543)
(free from cell phones)

Head Lice

Please continue to be vigilant in checking your child's hair often and treating when necessary

Don't forget to check our Facebook page for information, messages, photos & videos:
www.facebook.com/concordschooldunedin

We are Summer Loving our school app!

Never miss important school info again!

- ◀ Events
- ◀ Cancellations
- ◀ Notices
- ◀ Newsletters
- ◀ Permission Slips
- ◀ Instant notifications
- ◀ Absentees

Simple free download: In Google play & App Store search 'Skool Loop'

www.dunedinwea.org.nz

Parent Help FREE PARENTING HELPLINE

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Together We Learn and Grow **Ako Tahi, Tipu Tahi**